

# The Tartan Tribune

Welcome to our monthly newsletter for all of our registered dancers in New Brunswick! Our goal is to keep you in the know about everything happening in ScotDance New Brunswick and beyond. We will continue to develop the content we share each month, but in the meantime, enjoy our first ever newsletter!!

If you have any questions or suggestions, please email <a href="mailto:sdnbpresident@gmail.com">sdnbpresident@gmail.com</a> :)



# **SDNB Dancer Photo of the Month – Denver Louis**

Meet Denver Louis! She is a Premier dancer in New Brunswick and has been dancing with the Landry School of Highland Dance for 7 years. She belongs to the Echoes of New Brunswick dance troupe. She's a premier dancer, she scored two placings at her first SDCCS in Moncton. She has had a newspaper interview and has danced in several communities for fundraisers. She was also New Brunswick champion in Premier 10&Under 12 in 2019! Her first provincial championship!

Well done Denver, and thanks for being a great addition to the New Brunswick dance community!

If you'd like to feature your dancer, please submit photos and information to you'd like to <a href="mailto:sdnbpresident@gmail.com">sdnbpresident@gmail.com</a>.

# <u>Meeting Your ScotDance New Brunswick Dance</u> <u>Professionals!</u>

Our next SDNB professional to introduce is our Vice-President, Ann Landry!

A few fun facts about Ann:

- Number of years dancing: I started dancing when I was 2 years old. My Mom owned a dance studio and was my teacher.
- Number of years teaching: I started teaching with my Mom at her studio in 1980 in Nova Scotia. I started my own school in New Brunswick in 1989.
- Number of years volunteering with ScotDance New Brunswick: Since 1996 when I became the President of SDNB and Board of Director for SDNB. I was the BOD for 17 years, and the President for 18 years.
- Favourite thing about Highland Dance: The life-long friends I have made through dance, and the wonderful dance trips I have taken across Canada, the U.S and Scotland that I've taken as a dancer, teacher and judge.

We love having Ann on our team as she is a wealth of knowledge and has tons of valuable experience to share with us. Always willing to help out and full of great ideas to promote dancing in our province! Thank you, Ann!





# <u>Practice Challenge of the Month – NB Dance School</u> <u>Pas de Basque Challenge!</u>

We are challenging all the dance schools in the province to a Pas de Basque challenge!

Dancers – keep track of all the pas de basque you work on at home throughout the month of October.

Teachers – keep track of all the pas de basque you practice during class.

Add them up, and we will see which school will win this challenge!

# **Upcoming Online Events**

#### Fling Together Events hosted by Rocky Mountain Highland Dancers

Registration is open for their next class: Choreography with Flings & Things! Registration closes Oct. 1st – today!

Zoom Classes: Saturday, 3 Oct. 2020

Pre-Premier @ 8am (Los Angeles)/ 11am (New York)/ 12pm (Rio de Janeiro)/ 4pm (Edinburgh) Premier @ 9:30am (Los Angeles)/ 12:30pm (New York)/ 1:30pm (Rio de Janeiro)/ 5:30pm (Edinburgh)

Learn some fun Flings & Things style choreography while exploring how to take your performance skills to the next level. Open to all highland dancers across the world. A recording will be posted on the Fling Together 2020 YouTube channel after the class, so everyone can participate!

Pre-Premier: <a href="https://docs.google.com/.../1FAIpQLScVsxB.../viewform">https://docs.google.com/.../1FAIpQLScVsxB.../viewform</a>
Premier: <a href="https://docs.google.com/.../1FAIpQLSfhfFoI75QagP.../viewform">https://docs.google.com/.../1FAIpQLSfhfFoI75QagP.../viewform</a>

## Pilates for Highland 4-Week Bootcamp with Kristen MacIntosh

One of our dance professionals, Kristen MacIntosh, will be hosting her second Pilates session starting October 14<sup>th</sup>! This session will be geared towards Pre-Premier dancers this time:

- 4-week program
- \$30 total
- Wednesdays 6-7PM live sessions
- Registration also gives you access to the session recordings so you can do them on your own time if Wednesdays don't work for you!

If interested, please email <a href="micole\_odo@hotmail.com">nicole\_odo@hotmail.com</a> to register!

# **Fundraisers**

Congratulations to all dancers! We did it! ScotDance Canada successfully met their goal of raising \$30,000 for Food Banks Canada and Kids Help Phone, and then some! Together as a country, **we raised \$50,000**, which will be split evenly between the two organizations. Thank you to all the dancers who took the time to submit videos, promote our fundraiser, and donate to a great cause. We couldn't have done it without you!

# **Useful Resources**

ScotDance New Brunswick website - <a href="https://www.scotdancenb.com/">https://www.scotdancenb.com/</a>

ScotDance New Brunswick on Facebook - https://www.facebook.com/ScotDanceNB

ScotDance Canada website - http://scotdance.ca/

ScotDance Canada on Facebook - https://www.facebook.com/scotdancecanada

Heart of the Highlands Too Dance Supplies - https://www.facebook.com/heartothtoo

Scotia Sole Dance Supplies - https://www.facebook.com/ScotiaSole

Tartantown Dance Supplies - <a href="https://www.tartantown.com/">https://www.tartantown.com/</a>

